2025 Apollo Projects NZ Short Course Swimming Championships

Event Schedule

Version 1 – 30 September 2024

Day 1			Day 2			Day 3			Day 4			Day 5		
Heats - Session 1			**Heats - Session 3**			**Heats - Session 5**			**Heats - Session 7**			**Heats - Session 9**		
Warm-Up: 7am - 8.20am Competition: 8.30am			Warm-Up: 7am - 8.20am Competition: 8.30am			Warm-Up: 7am - 8.20am Competition: 8.30am			Warm-Up: 7am - 8.20am Competition: 8.30am			Warm-Up: 7am - 8.20am Competition: 8.30am		
1	100m Backstroke	F	11	100m Freestyle	F	19	200m Backstroke + MCTF*	F	29	200m Butterfly + MCTF*	F	39	50m Freestyle	F
101	100m Backstroke - MC	F	12	100m Freestyle	M	20	200m Backstroke + MCTF*	M	30	200m Butterfly + MCTF*	M	124	50m Freestyle - MC	F
2	100m Backstroke	M	106	400m Freestyle - MC	F	21	100m Butterfly	F	31	50m Backstroke	F	40	50m Freestyle	M
102	100m Backstroke - MC	M	107	400m Freestyle - MC	M	112	100m Butterfly - MC	F	118	50m Backstroke - MC	F	125	50m Freestyle - MC	M
3	200m Breaststroke + MCTF*	F	13	400m Individual Medley + MCTF*	F	22	100m Butterfly	M	32	50m Backstroke	M	41	200m Individual Medley	F
4	200m Breaststroke + MCTF*	M	14	400m Individual Medley + MCTF*	M	113	100m Butterfly - MC	M	119	50m Backstroke - MC	M	126	200m Individual Medley - MC	F
5	100m Individual Medley	F	108	150m Individual Medley - MC	F	23	50m Breaststroke	F	33	100m Breaststroke	F	42	200m Individual Medley	M
103	100m Individual Medley - MC	F	109	150m Individual Medley - MC	M	114	50m Breaststroke - MC	F	120	100m Breaststroke - MC	F	127	200m Individual Medley - MC	M
6	100m Individual Medley	M	15	50m Butterfly	F	24	50m Breaststroke	M	34	100m Breaststroke	M	43	1500m Freestyle (TF) + MCTF*	F
104	100m Individual Medley - MC	M	110	50m Butterfly - MC	F	115	50m Breaststroke - MC	M	121	100m Breaststroke - MC	M	44	800m Freestyle (TF) + MCTF*	M
7	800m Freestyle (TF) + MCTF*	F	16	50m Butterfly	M	25	400m Freestyle	F	35	200m Freestyle	F			
8	1500m Freestyle (TF) + MCTF*	M	111	50m Butterfly - MC	M	116	200m Freestyle - MC	F	122	100m Freestyle - MC	F			
						26	400m Freestyle	M	36	200m Freestyle	M			
						117	200m Freestyle - MC	M	123	100m Freestyle - MC	M			
Finals - Session 2			**Finals - Session 4**			**Finals - Session 6**			**Finals - Session 8**			**Finals - Session 10**		
Warm-Up: 3.30pm - 4.45pm Competition: 5pm			Warm-Up: 3.30pm - 4.45pm Competition: 5pm			Warm-Up: 3.30pm - 4.45pm Competition: 5pm			Warm-Up: 3.30pm - 4.45pm Competition: 5pm			Warm-Up: 3.30pm - 4.45pm Competition: 5pm		
1	100m Backstroke	F	11	100m Freestyle	F	19	200m Backstroke	F	29	200m Butterfly	F	39	50m Freestyle	F
101	100m Backstroke - MC	F	12	100m Freestyle	M	20	200m Backstroke	M	30	200m Butterfly	M	124	50m Freestyle - MC	F
2	100m Backstroke	M	106	400m Freestyle - MC	F	21	100m Butterfly	F	31	50m Backstroke	F	40	50m Freestyle	M
102	100m Backstroke - MC	M	107	400m Freestyle - MC	M	112	100m Butterfly - MC	F	118	50m Backstroke - MC	F	125	50m Freestyle - MC	M
3	200m Breaststroke	F	13	400m Individual Medley	F	22	100m Butterfly	M	32	50m Backstroke	M	41	200m Individual Medley	F
4	200m Breaststroke	M	14	400m Individual Medley	M	113	100m Butterfly - MC	M	119	50m Backstroke - MC	M	126	200m Individual Medley - MC	F
5	100m Individual Medley	F	108	150m Individual Medley - MC	F	23	50m Breaststroke	F	33	100m Breaststroke	F	42	200m Individual Medley	M
103	100m Individual Medley - MC	F	109	150m Individual Medley - MC	M	114	50m Breaststroke - MC	F	120	100m Breaststroke - MC	F	127	200m Individual Medley - MC	M
6	100m Individual Medley	M	15	50m Butterfly	F	24	50m Breaststroke	M	34	100m Breaststroke	M	43	1500m Freestyle (FTF)	F
104	100m Individual Medley - MC	M	110	50m Butterfly - MC	F	115	50m Breaststroke - MC	M	121	100m Breaststroke - MC	M	44	800m Freestyle (FTF)	M
7	800m Freestyle (FTF)	F	16	50m Butterfly	M	25	400m Freestyle	F	35	200m Freestyle	F	45	4 x 100m Freestyle Relay	Mix
8	1500m Freestyle (FTF)	M	111	50m Butterfly - MC	M	116	200m Freestyle - MC	F	122	100m Freestyle - MC	F	128	4 x 100m Medley Relay - MC	Mix
105	4 x 100m Freestyle Relay - MC	Mix	17	4 x 100m Medley Relay	F	26	400m Freestyle	M	36	200m Freestyle	M	46	4 x 100m Medley Relay	Mix
9	4 x 100m Freestyle Relay	F	18	4 x 100m Medley Relay	M	117	200m Freestyle - MC	M	123	100m Freestyle - MC	M			
10	4 x 100m Freestyle Relay	M				27	4 x 50m Freestyle Relay	F	37	4 x 50m Medley Relay	F			
						28	4 x 50m Freestyle Relay	M	38	4 x 50m Medley Relay	M			

MCTF* - Denotes an event S14 - S19 swimmers can race for medals to align with their international pathway

These will be raced as timed finals within the overall event heat with results separated out

Swimming NEW ZEALAND

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